

Ash Wednesday



Ashes will be distributed differently this year.

After blessing the ashes and sprinkling them with holy water in silence, the priest addresses those present: “Repent, and believe in the Gospel” or “Remember that you are dust, and to dust you shall return”.

He then sprinkles the ashes on each person’s head “without saying anything”, as they come forward in line.

“Fast & Abstinence”

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection. [United States Conference of Catholic Bishops/USCCB © 2021]

Song Books

Studies show that the coronavirus lives on paper for 24 hours, so we have decided to use our songbooks. The parish has 275 books and 200 or less people attending on a weekend. The books used at each Mass will be placed on a “used” book rack and will not be used for the rest of the weekend. If you are not comfortable with this, please see Ceil Duley about taking a book home and using it as a personal missalette.

Schedule for Lent/Easter

February 17th - Ash Wednesday - Mass at 9:00 a.m. and 7:00 p.m.



February 18th - March 25th - Stations of the Cross - Thursdays - 5pm during Lent



March 17th - Communal Penance Service at 7:00 p.m.

March 28th - Palm Sunday

